

Indiana University Health

Fairbanks Lecture Series in Clinical Ethics Co-Sponsored by IU Health Risk Rentention Group

The Impact of COVID-19 on Child & Adolescent Mental Health



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Objectives:

- 1. Recognize the effects of the COVID-19 pandemic on child and adolescent mental health.
- 2. Describe approaches to supporting child and adolescent mental health amid the COVID-19 pandemic.
- 3. Identify resources relevant to child and adolescent mental health to share with families.

Gabriela M. Rodríguez, PhD, HSPP is a licensed psychologist and Assistant Professor of Clinical Psychiatry at Indiana University School of Medicine. She is Co-Director of the ADHD and Disruptive Behavior Disorders Program at the Riley Hospital for Children Child & Adolescent Psychiatry Clinic. Dr. Rodríguez earned her BS in Psychology from Indiana University Bloomington. She earned her PhD in Clinical Child & Adolescent Psychology from Florida International University, where she was a Worlds Ahead graduate. She completed her clinical internship at the Kennedy Krieger Institute and Johns Hopkins University School of Medicine and her postdoctoral fellowship at Harvard University.

Dr. Rodríguez's research interests include effectiveness and implementation of evidence-based interventions for youth mental health problems within community settings. Her clinical work involves assessment and treatment of ADHD, disruptive behavior disorders, and comorbid disorders using evidence-based treatments, including Parent-Child Interaction Therapy (PCIT) and the Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC).

The Ethics Lecture Series are free and open to all. Continuing education credit is offered to physicians, nurses, social workers, psychologists, and chaplains at no charge, regardless of their institutional affiliation. For additional information about the Charles Warren Fairbanks Center for Medical Ethics, please visit our website at www.fairbankscenter.org.



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